

Fourth Step Inventory

Assets and Liabilities Checklist from the “Big Book”
 pg. 64:1(1-7); pg. 64:3(1-9); pg. 68:1(1-3); pg. 69:1(1-6:edited)

Liabilities
 Watch for—

Resentment	<i>Ex</i>	<i>Myself</i>	<i>Court</i>	<i>God</i>
Fear	<i>Court</i>	<i>Relapse</i>	<i>Health</i>	
Selfishness	<i>Ex</i>	<i>Employer</i>	<i>Friend #1</i>	
Dishonesty	<i>Ex</i>	<i>Myself</i>	<i>Employer</i>	<i>Friend #2</i>
False Pride	<i>God</i>	<i>Employer</i>		
Jealousy	<i>Family Member</i>			
Envy				
Laziness	<i>Ex</i>	<i>Employer</i>	<i>Myself</i>	
<i>Shame</i>	<i>Friend #2</i>			

Example of Assets and Liabilities Checklist During Fourth Step Inventory