

**Back to the Basics
of Recovery**

How to take the Twelve Steps
"quickly and often"

*using a modern, gender neutral version
of the 1940's Beginners' Meeting format
modified for "anyone and everyone inter-
ested in a spiritual way of life."*

Wally P.

Let's get

BACK TO THE BASICS

.... of recovery

by using a **Beginners' Meeting** format that has been specifically rewritten for use within **ALL** Twelve-step communities. It can also be used within treatment centers, aftercare facilities, halfway houses, recovery homes, drug courts, and correctional institutions. The material has been modified for all addictive, compulsive, and problematic behaviors and the "Big Book" passages have been converted to gender neutral.

Presented By

**Wally P. (Archivist, Historian and Author), and
Brit S-P (Audio Archivist, Historian, and Presenter)**

Saturday and Sunday, February 20—21, 2021

**A seminar for "anyone or everyone interested in a spiritual way of life."
ALL ARE WELCOME!!!**

\$30.00 Per Person ~ Online Registration

Quantity Discount: With 3 registrations, you get a 4th registration free

<https://shop.aabacktobasics.org/ProductDetails.asp?ProductCode=SEM-REG-BR-20210220>
or www.facebook.com/backtobasicsofrecovery

Upon registering, you will receive the Passcode and PDF Handouts on Feb 19th

Registration includes ALL Four Sessions, 32 Handouts, and a Breakout Room for you and your sponsor, sponsee, or sharing partner to MAKE your Surrender, TAKE Steps 4+5, and TAKE Steps 8+9. You will also have the opportunity to TAKE Step 11 as it was taken during the "Early Days," and learn how to carry our life-saving message of recovery to others.

<p>Sat., Feb 20, 2021 ~ 1:00pm - 4:30 pm EST</p> <p>1:00 pm—2:25 pm ~ Session One</p> <p>Steps 1 2+3 (45 minutes) Take Steps 1, 2 and 3</p> <p>Breakout Number One (25 minutes) Meet with Your Sharing Partner or Partners to Discuss Your Surrender</p> <p>Questions, Comments, and Your Experience with the Surrender Process (15 minutes)</p>	<p>Sun, Feb 21, 2021 ~ 1:00pm - 4:30 pm EST</p> <p>1:00 pm—2:45 pm ~ Session Three</p> <p>Steps 6+7 and Setup Steps 8+9 (40 minutes) Take Steps 6+7 and Explain Breakout for Steps 8+9</p> <p>Breakout Number Three (50 minutes) Take Steps 8+9 with Sharing Partner or Partners</p> <p>Questions, Comments, and Your Experience with the Amends Process (15 minutes)</p>
<p>2:40 pm—4:30 pm ~ Session Two</p> <p>Step 4 and Setup Step 5 (45 minutes) Take Step 4 and Explain Breakout for Step 5</p> <p>Breakout Number Two (50 minutes) Take Step 5 with Sharing Partner or Partners</p> <p>Questions, Comments, and Your Experience with the Sharing Process (15 minutes)</p>	<p>3:00 pm—4:30 pm ~ Session Four</p> <p>Steps 10, 11, and 12 (60 minutes) Take Steps 10, 11, +12, Including a Five Minute "Quiet Time" to Practice Step 11</p> <p>Questions, Comments, and Your Experience with Steps 11+12 and the Entire Recovery Process (30 minutes)</p>