

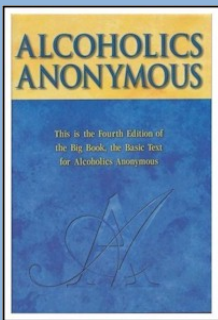
The Betty Ford Center Seattle Chapter Presents...

# Back to Basics

Take all Twelve Steps in Four One-hour Sessions

With Wally P. (Tucson, AZ) A.A. Archivist, Historian and Author

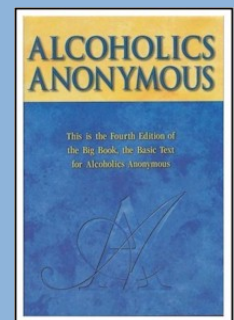
This seminar is an intensive workshop, where you will TAKE all of AA's Twelve Steps in one day, the same way the AA pioneers did! The "Back to Basics" program is modeled on the original Beginners' Meetings that produced a substantial recovery rate from alcoholism in the 1940s.



Saturday, June 14, 2008  
9am - 4:30pm

Doors open between 8am - 8:30am

2125 1st Avenue  
(5th Floor, Hospitality Area)  
Seattle, WA 98121



The registration fee for this workshop is \$25 per person, which includes admission, coffee, lunch, seminar handouts, guidance journal, and a sobriety card. Scholarships are available for those who cannot afford the registration fee. For more information on this workshop, please contact: Sandi A. 206-963-7811 or Andrea O. 206-913-3449.

Seating is limited. Register Early!!  
To register by mail, please complete the form below  
& return it with payment of \$25 per person to:  
Sandi A., 2402 Alki Ave SW, Seattle, WA 98116-2230  
Make checks payable to: BFC

Name: \_\_\_\_\_ # of Tickets \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Lunch included.

OVER →

# Back to Basics Seminar

2125 1st Ave., Seattle WA 98121  
(5th Floor Hospitality Area)

**Saturday Morning: 9:00 am - 10:30 am**

- Overview of the Recovery Process
- Beginners' Meeting - Session 1~~Steps 1, 2 & 3

**Saturday Morning: 10:30 am - 11:00 am**

- Break

**Saturday Morning: 11:00 am - 12:00 noon**

- Beginners' Meeting - Session 2~~Steps 4 & 5

**Saturday Afternoon: 12:00 noon - 2:00 pm**

- Lunch Break (Food Provided by Host Committee)
- 5th Step with Sponsor or Sharing Partner

**Saturday Afternoon: 2:00 pm - 3:00 pm**

- Beginners' Meeting - Session 3~~Steps 6, 7, 8 & 9

**Saturday Afternoon: 3:00 pm - 3:30 pm**

- Break (Practice Eleventh Step / Write Guidance)

**Saturday Afternoon: 3:30 pm - 4:30 pm**

- Beginners' Meeting - Session 4~~Steps 10, 11 & 12

## LOCATION

