## The Wilson House-East Dorset, VT (May 04-06, 2018)

## The Best of Wally P. (Tucson, AZ Archivist, Historian and Author)

Friday: May 4, 2018

Informal Get-togethers with Wally P. throughout the Afternoon and Evening

Saturday Morning: May 5, 2018

09:00-09:45 am An Introduction to and a Summary of the Wally P. Wilson

House Seminars from 1996-2015

10:00-10:45 am The Four Spiritual Activities (2000)

(How Bill W., Dr. Bob and the "First 100" took the Steps before the "Big

Book" was written)

11:00-11:45 am Back to Basics-101 (1997, 1998, 2001)

(An Introduction to the Recovery Process-Take ALL Twelve Steps in 45

Minutes)

Saturday Afternoon: May 5, 2018

01:30-02:30 pm Back to the Basics of Sponsorship (2009)

(How to Sponsor or be Sponsored through the Twelve Steps in a Couple of

Hours)

02:45-03:45 pm Back to the Basics of Wellness-The Vitamin B-3 Papers and

Orthomolecular Medicine (2010, 2018)

(How Nutrition, Exercise, and Meditation Enhance and Strengthen

Recovery)

04:00-04:45 pm Recovery in the 1940's (2003)

(How the "Original" Program Produced a 50-75% Recovery Rate)

**Sunday Morning: May 6, 2018** 

06:00-06:45 am Gratitude Meeting at the Bill and Lois Wilson Gravesite

(Weather Permitting) (Optional)

07:00-07:30 am Prayer and Meditation Meeting at the Wilson House

(Optional)

09:15-10:15 am History of Steps Eleven and Twelve (2011)

(The Evolution of the 11th Step Throughout the Centuries and the 5 C's of

Life-changing from the "Big Book")

10:30-11:30 am Listening to the Indwelling Spirit (1996-2018)

(A Re-enactment of the Guidance Meetings Held during the Summer of

1935 in Dr. Bob and Anne Smith's Living Room) (Updated for the entire

Twelve-step Community)