

The Betty Ford Center Houston Alumni Area Chapter
Presents...

Back to Basics

Take all Twelve Steps in Four One-hour Sessions

With Wally P. (Tucson, AZ) A.A. Archivist, Historian and Author

This seminar is an intensive workshop, where you will TAKE all of AA's Twelve Steps in one day, the same way the AA pioneers did! The "Back to Basics" program is modeled on the original Beginners' Meetings that produced a substantial recovery rate from alcoholism in the 1940s.

- **Friday, April 18, 2008**

A get acquainted meeting with
Wally P. speaking on Sponsorship
7:00pm—8:30pm
*(This is not part of Saturday's workshop.
Suggested donation is waived.)*

- **Saturday, April 19, 2008**

Back to Basics Workshop
9am - 4:30pm

Doors open between 8am - 8:30am on Saturday

Holy Cross Lutheran Church
7901 Westview Drive
Houston, TX 77055

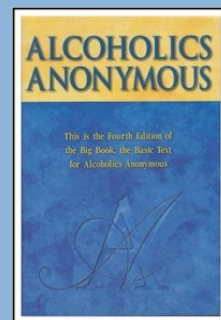
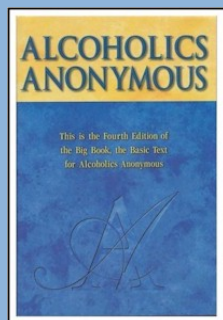
For this workshop there is a suggested donation fee of \$20.00, which includes admission, coffee, lunch, seminar handouts, guidance journal, and a sobriety card. For more information on this workshop, please contact:

**Missy Rush at 713-823-6643 (c), 281-463-1517 (h)
or mrush1@comcast.net.**

Seating is limited. Register Early!!

To register by mail, please complete the form below
& return it with the suggested donation of \$20 per person to:
Missy Rush / 14963 Sandalfoot Street / Houston, Texas 77095

Make checks payable to: BFC



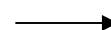
Name: _____ # of Tickets _____

Address: _____ Phone: _____

City: _____ State: _____ Zip: _____

Lunch Included.

OVER



WORKSHOP SCHEDULE

Back to Basics Seminar

9:00 am Start

Saturday Morning: 9:00 am—10:30 am

- Overview of the Recovery Process
- Beginners' Meeting - Session 1~~Steps 1, 2 & 3

Saturday Morning: 10:30 am—11:00 am

- Break

Saturday Morning: 11:00 am—12:00 noon

- Beginners' Meeting - Session 2~~Steps 4 & 5

Saturday Afternoon: 12:00 noon—2:00 pm

- Lunch Break—Food Provided by Host Committee
- (5th Step with Sponsor or Sharing Partner)

Saturday Afternoon: 2:00 pm—3:00 pm

- Beginners' Meeting - Session 3~~Steps 6, 7, 8 & 9

Saturday Afternoon: 3:00 pm—3:30 pm

- Break (Practice Eleventh Step / Write Guidance)

Saturday Afternoon: 3:30 pm—4:30 pm

- Beginners' Meeting - Session 4~~Steps 10, 11 & 12



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