



12 Steps for the 21st Century

Steps and Stories

Wally P. (Tucson, AZ) Archivist, Historian and Author,

Brit S. (Tucson, AZ) Audio Archivist, Historian and B2B
Presenter, and

Carver B. (Jackson, MS) B2B Pioneer and Presenter

Using a modern version of the Back to the Basics of Recovery format.
It's an interactive workshop where everyone can experience how Wally,
Brit, and Carver take people through the steps.

This is a seminar for "anyone and everyone interested in a spiritual way of life."
This is a program for ALL addictive and/or compulsive behaviors.

Hosted by:



Alumni Relations of Cumberland Heights
Saturday, May 18, 2019

**Cumberland Heights (River Road)
8283 River Rd Pike, Nashville, TN 37209**

Take all 12 Steps in one day

- 08:00 am-08:45 am Registration
- 09:00 am-10:15 am Steps and Stories for Steps 1-3
- 10:15 am-10:45 am Meet your Sharing Partner. Nobody takes the Steps alone.
- 10:45 am-12:00 am Take Step 4 and setup Step 5
- 12:00 pm-01:15 pm Lunch and Breakout Session to do Step 5
- 01:15 pm-02:15 pm Steps and Stories for Steps 6-9
- 02:15 pm-02:45 pm Breakout Session to do Steps 8-9
- 02:45 pm-04:00 pm Steps and Stories for Steps 10-12

The \$5.00 registration includes the cost of the seminar, lunch, 20+ hand-outs, and a Back to the Basics of Recovery book. To Register: Please call Dian Meyers at 615-432-3224 to reserve your spot.

For more information: <https://www.cumberlandheights.org/event/back-to-basics-steps-and-stories/>