



19th ANNUAL MIDDLE OF THE HERD CONVENTION

(We Need Each Other)

March 22-24, 2019

St Michael's Inn
1228 South Talbot St.
St Michael's, MD 21663

SCHEDULE

Friday

12:00-01:00 pm	Check In
03:00-05:00 pm	Step 1-2-3 Discussion
06:00-07:00 pm	Dinner on your own
08:00-09:00 pm	Speaker Meeting

Saturday

07:00 am	Breakfast
07:30-08:30 am	Meditation and Yoga
09:30 am-5:00 pm	Back to the Basics of Recovery Seminar with Wally P. (Tucson, AZ) Gender Neutral Format for all Addictions and Compulsive Behaviors
09:30-10:30 am	The Surrender: Take Steps 1-2-3
10:30-11:00 am	Coffee Break-Plus Breakout # 1 to Meet your Sharing Partner and Discuss your Surrender
11:00-12:00 noon	Sharing: Take Step 4 and Setup Step-5
12:00-02:00 pm	Lunch on your own-Plus Breakout #2 to Take Step 5 with your Sharing Partner
02:00-03:00 pm	Sharing (Continued) and Amends: Take Steps 6-7-8-9
03:00-03:30 pm	Coffee Break-Plus Breakout #3 to Take Steps 8 and 9 with your Sharing Partner
03:30-04:30 pm	Guidance: Take Steps 10-11-12
04:30-05:00 pm	Questions and Answers
06:00-07:00 pm	Dinner
7:30 pm	Count Down
08:00-09:00 pm	Speaker
09:30-10:00 pm	Ice Cream Social

Sunday

07:00 am	Breakfast
07:30 -8:30 am	Meditation and Yoga
09:00-10:00 am	Speaker Meeting Discussion
11:00 am	Check Out

For those coming for the Back to the Basics of Recovery seminar only:

Please do not book a room unless you are traveling a very long distance or otherwise cannot afford lodging. The rooms are primarily for newcomers.

No Cost

Please bring a newcomer with you. Old timers encourage newcomers and ride down in car together and share room. Need to feel part of the herd and that we all share a common bond. Without each other our chances of staying sober are slim to none. Come and share your experience strength and hope.

Directions: US 50 East towards Ocean City Turn slight right onto MD/322 Turn right onto St Michael's Rd MD/33 continue to follow MD/33 Hotel is on the left

Call by March 15 to reserve your complimentary room and dinner. Please be courteous and confirm your room. Otherwise someone might miss out that could have stayed in a room. Remember, we want to fit as many people as we can so 2-4 people per room. Thank you

Please call or email to reserve your room

Christine 410-963-8848 ksyb01@aol.com

Please do not call hotel directly Thank you