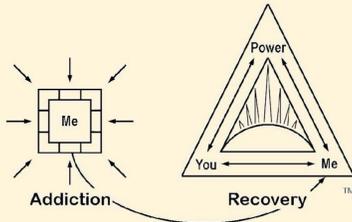


Back to the Basics of Recovery

How to take the Twelve Steps
“quickly and often”



*using a modern, gender neutral version
of the 1940's Beginners' Meeting format
modified for “anyone and everyone inter-
ested in a spiritual way of life.”*

Wally P.

JOIN US AS WE use the *Back to Basics in Recovery* book to go through the 12 steps in 4 weeks. This meeting is for people in all 12-step programs, and the “Big Book” of Alcoholics Anonymous passages have been edited to be gender neutral. Several steps are covered each week. During the week we can also meet with a sharing partner as often as we choose.

In keeping with Dr. Bob's “Keep it simple” philosophy, the author, Wally P., has written a book that is “all inclusive, never exclusive.” This book will show you how to take the Steps “quickly and often...and recover from a seemingly hopeless state of mind and body.” It will change your life, no matter what your problem or difficulty.

Meeting Information:

Tuesdays Noon-1 pm Pacific Standard Time on Zoom

Zoom link: Meeting ID: 838 1215 6951

Passcode: 095709

For more information, email: jaro15@me.com

Please purchase the book *Back to Basics of Recovery*” to bring to this meeting to read from it. Available online for Kindle or in paperback.