BIG BOOK 12-STEP WORKSHOP

It is suggested that newcomers and those coming back or struggling with the steps consider attending a Big Book 12-step Workshop held in the small room every Thursday Noon.

This meeting is unique in that we actually take the steps instead of just reading about them and talking about them.

A Flyer with details is on the kitchen table.

The Workshop Manual contains descriptions of each step excerpted from the Big Book along with a narrative to facilitate understanding

Questions and comments are encouraged during each meeting.

About eight weekly meetings are required to take all 12 steps.

Feel free to bring your sponsor with you or let him or her know about your participation.

This Workshop has much history behind it having been started back in the 1940s. Various versions of it are offered all over the country.