

Back to Basics

Based on the number of attendees at Back to Basics A.A. meetings and seminars, more than 300,000 people have now had their lives changed as the direct result of taking the Twelve Steps in four one-hour sessions. The success of Back to Basics speaks for itself. "It works--it really does."

Please join us for weekly A.A. Beginners Meetings using the "Back to Basics" format – an original A.A. beginners meeting format used with newcomers in the 1940's and 50's, which resulted in a 50–75% recovery rate from alcoholism!



Taking the Twelve Steps is the "program of recovery" described in A.A.'s Big Book. Participants take all Twelve Steps, in one month, in four consecutive Tuesday sessions. Newcomers and Long-Timers alike are welcomed and encouraged to attend. We always need volunteers as sharing partners and sponsors.

Please bring your Big Book, pens, and highlighters;
Your Sponsor, Sponsees, and friends.

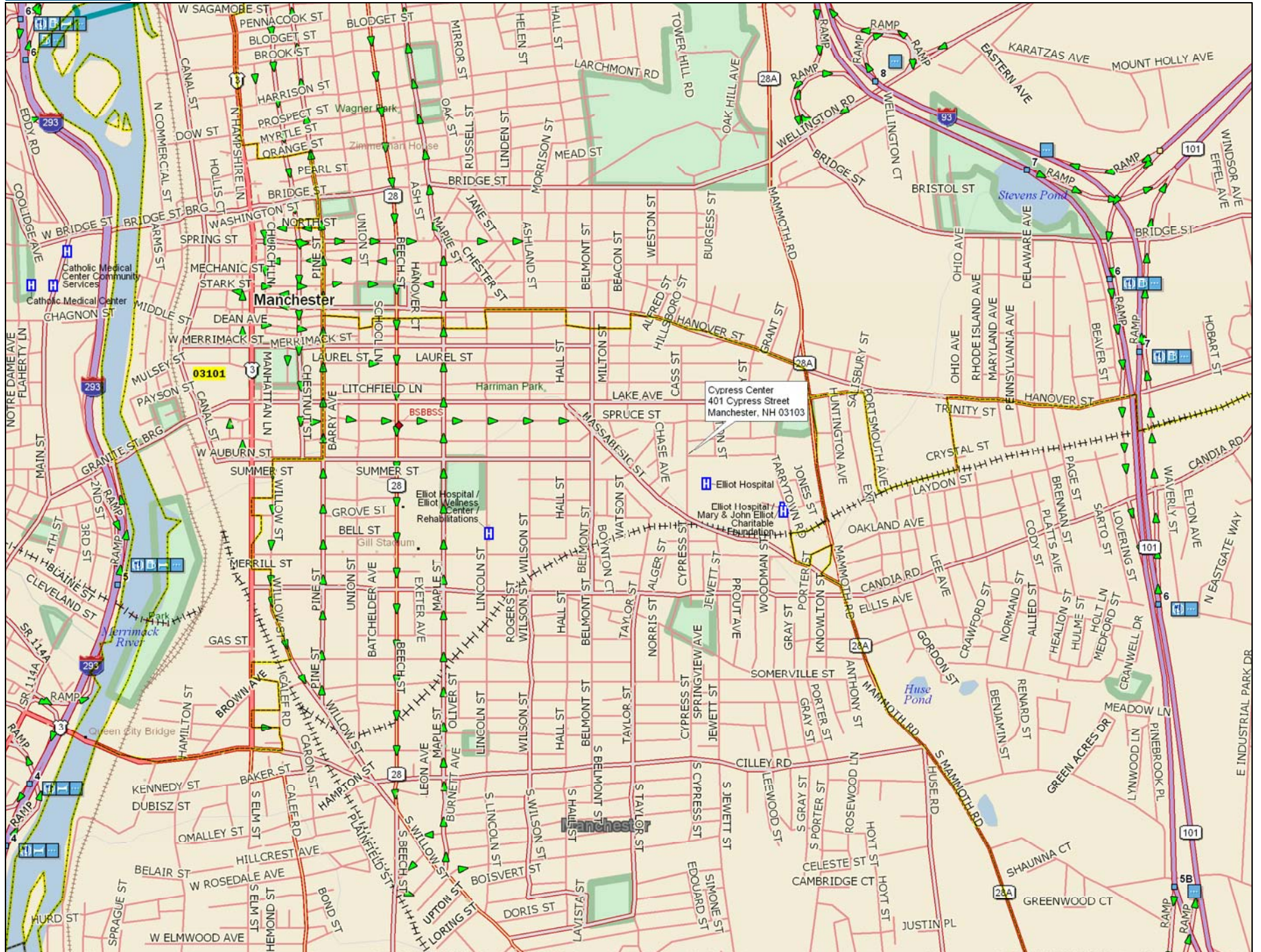
First Tuesday	Session #1:	<i>Surrender</i>	Overview and Step 1
Second Tuesday	Session #2:	<i>Sharing</i>	Steps 2, 3, and 4
Third Tuesday	Session #3:	<i>Amends</i>	Steps 5, 6, 7, 8, and 9
Fourth Tuesday	Session #4:	<i>Guidance</i>	Steps 10, 11, and 12

In the months that have five Tuesdays,
we will have an Eleventh Step Guidance Meeting on the fifth Tuesday.

7:00 – 8:00 PM Tuesdays
Cypress Center, 401 Cypress Street, Manchester, NH 03103

*Corner of Cypress & Auburn Street at the Manchester Mental Health facility.
(Entrance is in the back. Please ring buzzer for entry.)*

Contact: Rick T (603) 647-4469 or Cheryl J. (603) 369-1313



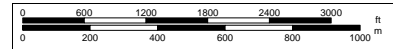
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Scale 1 : 22,400



1" = 1,866.7 ft Data Zoom 13-2