**Back to Basics “Bullet Points”**

Since the Beginners’ Meetings were reintroduced to the fellowship in 1997, there have been more than 500,000 recoveries as the direct result of the four, one-hour sessions.  As Bill and the other “Big Book” authors state, “It works, it really does.”

Here are some of reasons why “it works”:

1. Back to Basics provides a solid spiritual foundation for recovery.
2. It takes away the fear and confusion surrounding the recovery process.
3. It takes away the fear of finding a sponsor.
4. It takes away the fear of sponsoring others.
5. The meetings provide a clear and concise introduction to the Steps.
6. The meetings are “profound, effective and vitally necessary.”
7. They re-energize old-timers and jump-start those who may be “stuck.”
8. They provide an ongoing opportunity to be of service.
9. They bring the “Big Book” alive.

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